

Portland Sea Dogs Brush & Floss Challenge

Forms accepted now, so don't wait, sign up today!

PORTLAND

COMPLETED FORMS WILL

RE ACCEPTED UNTIL

Monday, July 31st



Brush & Floss Challenge

The Portland Sea Dogs want your children to have healthy teeth and gums. We ask them to brush twice and floss once daily during a one-week time period to earn a ticket for a 2017 game at Hadlock Field! Parents, please encourage your children to continue to brush and floss daily as these are very important oral health habits.

If you have any questions about the program, please contact John Muzzy at jmuzzy@seadogs.com or by phone (207) 874-9300

INSTRUCTIONS

- 1. Children must be 12 years of age or younger to participate.
- 2. Brush twice and floss once daily for seven consecutive days.
- 3. Check off the days that you brushed and flossed on the form located below.
- After finishing the challenge, fill out the remainder of the form and send it to: Portland Sea Dogs Brush and Floss Challenge

PO Box 636 Portland, ME 04104

- You will receive one free ticket to one of our four Brush and Floss Challenge Nights as well as a special certificate to recognize your achievement.
- Additional tickets can be purchased by calling the Ticket Office at (207) 879-9500.

Child's Name:Address:Parent/ Guardian Name/:	Date of Birth: Phone: Email:
Brush and Floss Daily Checklist Please check off each day you brushed twice and flossed once SUN. MON. TUES. WED. THUR. FRI. SAT.	Please mail me one free ticket to the following 2017 Brush & Floss Challenge game at Hadlock Field: Sunday, April 9 th Monday, September 4 th Saturday, May 6 th Wednesday, June 28 th
	I would also like to purchase additional ticket(s) at \$8.00 per ticket. SUBTOTAL (+ \$2.00 mailing fee): \$ Please make checks payable to "Portland Maine Baseball"