CONTINUING EDUCATION COURSES 2017-2018

CE Offerings Held at Togus VA; Risk Management Seminar, Annual Convention Held in South Portland

Dentist Package Plan
► 50% savings or save over $150 per course

Hygienist Package Plan
► savings of over $30 each on four courses
CDE Course Cancellation Policy

NOTE: The ONLY reason a course might be cancelled is if the speaker does not arrive.

1. The MDA will try to determine the possibility of cancellation the day before.
2. A message with event information will be recorded on the answering machine at the MDA Office (207-622-7900) and on the MDA website (www.medental.org).

If you have any doubts concerning the possibility of cancellation, call the MDA Central Office or check the MDA website (www.medental.org).
Maine Dental Association 2017-2018 Package Plan
Registration for Dentists AND Hygienists

IMPORTANT INFORMATION!

There is one registration form for both dentists and hygienists.

Please duplicate the registration form for each participant.

All of the courses listed are included in the Package Plan for dentists.

The Hygienists’ Package Plan includes four pre-selected courses:

- November 17, 2017 - Key Medical Updates for the Dental Team - Dr. Barbara Steinberg (Togus VA)
- December 8, 2017 - How To Be Thrilled In Dentistry: Tackling Complicated Cases - Dr. Peter Auster (Togus VA)
- April 20, 2018 - The Anatomy of Local Anesthesia - Dr. Patricia Blanton (Togus VA)
- June 8, 2018 - Innovative Periodontics: Creating Success in Today’s Dental Practice - Dr. Samuel Low (MDA Convention, Marriott at Sable Oaks, South Portland)

You will be required to register for courses for the MDA Convention on the convention registration form. MDA Convention 2018 information will be mailed in the spring.

Please remember that it is your responsibility to make note of the verification code(s) in order to prove your attendance to continuing education courses. Codes are not given out at any other time other than after the morning and afternoon course is completed. These codes will be given out by the room coordinator at the end of each session. Fill in the completion code in the appropriate space.

Keep your verification sheets in a safe place for your records.

Please do not mail verification forms to the MDA.

Handouts
Handouts the speaker makes available prior to the course will be available on the MDA website.

Package Plan Dentists AND Hygienists PLEASE NOTE:

- Lunch is included for all the Togus courses. Attendance must be confirmed at least a week before the program (previous Friday). Confirmations received after Friday can not be guaranteed lunch.
- All programs held at Togus run from 9:00 am to 4:00 p.m. Registration begins at 8:30 am. The courses on June 8 and 9 are part of the MDA Annual Convention, to be held at the Marriott at Sable Oaks in South Portland. You must register for the convention to attend these two courses.
- Your name badge will be available for you to pick up at the first course you attend. Name badges will not be mailed. If you will be attending the programs held as part of the MDA Convention at Sable Oaks, a separate name badge and tickets will be available for pickup there. There will be a separate registration fee for the convention.
- Package Plan participants are asked to be FIRM in their commitment to attendance when the conFIRMation notices are sent a month prior to each program.
- Staff cancellations for refunds will be accepted until a week before the program, less a $15 processing fee. After the Friday previous to the course, there will be no refunds. Another staff member may be substituted.
- A staff member cannot replace a paid Package Plan member at any course.
- No doctor may register in any category other than dentist.
September 22, 2017

- Togus, VA, Augusta (visit www.medental.org for directions)
- 9:00 am - 4:00 pm (registration begins at 8:30 am)
- Lunch is included only if attendance is confirmed in advance
- Handouts, if made available, can be downloaded from MDA website

The Logical Approach to Implant Dentistry
(6 Category 1 credits for Maine licensure)

Dr. Jose-Luis Ruiz, DDS, FAGD

Patients today are no longer willing to have their teeth sanded down for fixed bridges - implant dentistry is here to stay. The demand for implants is growing exponentially. It is clear that implant dentistry is not the domain of a specialist, as the demand is too great. Similar to extracting teeth, general dentists and restorative dentists should perform the majority of implant procedures, and refer the difficult cases to the specialist. Implant dentistry is not just a privilege for the rich and famous.

In this practical lecture, Dr. Ruiz will present the most logical system to select, and explain how to place and restore simple implants in normal to narrow bone. He will also discuss the ways to make it more affordable for the patient. The techniques taught will be in accordance with provisions set forth by the 2010 Guidelines of the Academy of Osseointegration. Dr. Ruiz will also explain how to avoid unsatisfactory results. Placing and restoring implants in normal to narrow bone without bone augmentation grafts is an indispensable skill that will increase your bottom line each year.

Learning Objectives: Attendees will
- Know how to choose between regular, narrow, and mini-implants
- Know a real world approach for lowering cost, and making it more affordable to patients
- Know what x-rays and records are really necessary
- Know when and how to use surgical templates
- Understand simple surgical procedures to ensure safe and predictable results
- Know when it’s better to refer

Dr. Jose-Luis Ruiz is the director of the Los Angeles Institute of Clinical Dentistry and course director of numerous continuing education courses at the University of Southern California. He is an honorary clinical professor at Warwick University in England and a member of the editorial board for Dentistry Today. He is also an associate instructor at Dr. Gordon Christensen, PCC in Utah and an independent evaluator of dental products for CR (CRA). Dr. Ruiz has been named as one of the “Leaders in CE 2006-2015” by Dentistry Today. Dr. Ruiz has published several research papers, as well as many clinical articles on adhesive dentistry, occlusion, and esthetic dentistry. He regularly lectures at major dental meetings, both nationally and internationally. He has been practicing in the Studio District of Los Angeles for more than 20 years, and enjoys a clientele of many stars and entertainers. His focus is on treating complex cosmetic, rehabilitation, and implant cases. Dr. Ruiz has made numerous television appearances highlighting his esthetic dental makeovers, including NBC Channel 4 News, ABC News, Good Morning America, Vista LA, VH1, Telemundo, and Univision.
October 13, 2017

- Togus, VA, Augusta (visit www.medental.org for directions)
- 9:00 am - 4:00 pm (registration begins at 8:30 am)
- Lunch is included only if attendance is confirmed in advance
- Handouts, if made available, can be downloaded from MDA website

**Practical Periodontal and Peri-Implant Therapeutic Management**
(6 Category 1 credits for Maine licensure)

Dr. Timothy Hempton, DDS

Employing proper case selection, we can and should help patients retain at least 28 of their own teeth. In some cases, patients may be refractory to periodontal management. Patient assessment, microbiology, and systemic and local risk factors for the development of periodontal disease will be covered. Non-surgical and surgical maintenance of natural dentition and restored implants will be assessed.

Clinical cases involving successful outcomes utilizing periodontal non-surgical therapy and surgical treatment will be presented. Instrumentation utilized in mechanical debridement, as well as antimicrobials and antibiotics, will be evaluated for their clinical effectiveness. Basic principles of periodontal hard and soft tissue repair/regenerative therapy, as well as graft materials for this treatment will be described. Periodontal/restorative and periodontal/orthodontic interdisciplinary treatment planning will also be discussed. In cases where the prognosis for tooth retention was hopeless or the teeth were congenitally missing, practical maintenance techniques for restored implants which replaced missing teeth also will be presented. Potential risks for implant complications/peri-implant attachment loss will also be addressed.

Learning Objectives: Attendees will
- Identify the risk factors, both local and systemic, involved in various periodontal diseases and risk for peri-implant attachment loss and complications
- Recognize orthodontic interactions which compromise periodontal support
- Review techniques for nonsurgical maintenance of natural dentition and restored implant
- Learn about the effectiveness and limitations of nonsurgical mechanical therapy, as well as adjunctive local and systemic antibiotic therapy
- Review clinical and radiographic findings utilized to determine a prognosis for predictable periodontal repair and regenerative outcomes
- Understand the value of materials and tools associated with regeneration
- Review indications and contraindications for crown lengthening
- Discuss maintenance of healthy, as well as compromised, dental implants

Dr. Timothy Hempton is a former clinical instructor at Harvard School of Dental Medicine, and presently is an adjunct associate clinical professor at Tufts University. He served as the assistant director of the postdoctoral program in periodontology at Tufts University from 2000 to 2012, and as program director from 2012 to 2014. He received his DDS degree from SUNY at Stony Brook, certificate in periodontology from Marquette University, and is diplomate of the American Board of Periodontology. Dr. Hempton also maintains a private practice in Dedham, Mass.
November 17, 2017

- Togus, VA, Augusta (visit www.medental.org for directions)
- 9:00 am - 4:00 pm (registration begins at 8:30 am)
- Lunch is included only if attendance is confirmed in advance
- Handouts, if made available, can be downloaded from MDA website

Key Medical Updates for the Dental Team
(6 Category 1 credits for Maine licensure)

Dr. Barbara Steinberg, DDS

This course will include three parts: Antibiotic Prophylaxis Update, Oral Health and Dental Management for the Pregnant Patient, and Eating Disorders: Medical and Dental Considerations.

Antibiotic Prophylaxis Update Course Objectives: Participants will gain an understanding of the following:
- The disease known as infective endocarditis
- Most current American Heart Association recommendations for prophylaxis for prevention of endocarditis
- Most current American Dental Association evidence-based clinical practice guidelines regarding prophylaxis for prosthetic joints

Oral Health and Dental Management for the Pregnant Patient Course Objectives: Attendees will learn
- To recognize the oral manifestations that may be associated with pregnancy
- Dental treatment considerations per the new national consensus statement endorsed by the ADA and ACOG
- The common medications prescribed by dental practitioners and their safety in pregnancy and breastfeeding

Eating Disorders: Medical and Dental Considerations Course Objectives: Attendees will
- Gain an understanding of the psychologic and medical issues associated with eating disorders
- Be able to identify oro-facial manifestations associated with eating disorders
- Learn how to address and manage the dental issues associated with eating disorders.

Dr. Barbara Steinberg received her DDS degree from the University of Maryland School of Dentistry and completed a residency at the Medical College of Pennsylvania. She is clinical professor of Surgery at Drexel University College of Medicine, as well as adjunct associate professor of oral medicine at the University of Pennsylvania School of Dental Medicine. She is a diplomate of the American Board of Oral Medicine. Dr. Steinberg specializes in the treatment of medically complex patients. She is a nationally and internationally invited lecturer in the area of dental treatment of the medically compromised patient and women’s health, and has authored numerous articles and contributed to major textbooks on these subjects. For the last 14 years, Dr. Steinberg has been named by Dentistry Today as “One of the Top Clinicians in Continuing Education.” She is a former spokesperson for the American Dental Association on women’s oral health issues, and has had numerous television appearances, including on “Good Morning America.” She represented the American Dental Association at a congressional briefing on women’s oral health issues, and presently serves on the Health, Nutrition and Fitness Board of Women’s Day Magazine.

Disclosures: None

Included in Hygienists’ Package Plan
How To Be Thrilled In Dentistry: Tackling Complicated Cases
(6 Category 1 credits for Maine licensure)

Dr. Peter Auster, DMD

Dental professionals face difficult cases every day in their offices. They must determine where they “want to go,” and how to reach that goal. Dr. Auster, a former “drill and fill” dentist, shares the pathway to becoming the dental professional you always dreamed you would be, and finally looking forward to work every day.

Course Objectives: Attendees will learn
• New passions to change your dental life
• 25 tips for rekindling happiness in dentistry
• How to remove the drudgery and find joy every day at work
• How to find better dental partners: companies, specialists, labs
• How to find staff members who make you smile every day
• How to break down complex cases and treat them confidently (7 full cases shown)
• How to phase cases for any budget
• How profitable deprogrammers can change your patient’s life and make cases more predictable
• What no dentist should ever be without
• The right cosmetic material and cements for every case and what not to use
• The laser every office needs and the laser you don’t want
• What every dentist should do once per year, no exceptions
• The Big Reveal: Life-changing before and after photos that you and your patient will never forget
• 60 inexpensive products that you should use tomorrow morning
• How cosmetic consults can excite and motivate your new patient

Dr. Peter Auster is a nationally recognized speaker, and has been an author in several major dental publications. He has 30 years of experience providing high-quality dentistry at his private practice in Pomona, N.Y. Dr. Auster recently completed his second term on the board of directors of the American Academy of Cosmetic Dentistry, and is very proud of his selection as the AACD 2015 Humanitarian of the Year. He is founder and former president of the New York affiliate of the AACD, the Greater New York Academy of Cosmetic Dentistry. He recently became a Dawson Scholar and received a Concept of Complete Dentistry Award from the Dawson Academy.
April 20, 2018

- Togus, VA, Augusta (visit www.medental.org for directions)
- 9:00 am - 4:00 pm (registration begins at 8:30 am)
- Lunch is included only if attendance is confirmed in advance
- Handouts, if made available, can be downloaded from MDA website

The Anatomy of Local Anesthesia
(6 Category 1 credits for Maine licensure)

Dr. Patricia Blanton, DDS, MS, PhD

Local anesthetics provide a reversible regional loss of sensation. Local anesthetics reduce pain, thereby facilitating dental procedures. Delivery techniques broaden the clinical applicability of local anesthetics. These techniques include topical anesthesia, infiltrative anesthesia, ring blocks, and peripheral nerve blocks. Local anesthetics are safer than general or systemic anesthetics; therefore, they are used whenever possible. In addition, they are relatively easy to administer and readily available. Local anesthetics have been undergoing development for centuries, and research continues to provide clinicians with pharmacologic variety and to provide patients with anesthetic agents that have superior safety and efficacy profiles.

Course Objectives and Goals:
- Describe the skeletal landmarks of the maxilla and mandible that relate to local anesthesia
- Integrate an understanding of the skeletal system into the clinical practice of providing local anesthesia
- Trace the routes of the blood vessels of the head and neck
- Identify the routes of the cranial nerves and nerves to the oral cavity
- Describe tissue innervated by the nerves associated with local anesthesia
- Integrate an understanding of head and neck nerves into the clinical practice of providing local anesthesia
- Describe the applied anatomy of the pterygomandibular space as it applies to local anesthesia of the alveolar nerve
- Describe the proper administration technique of the inferior alveolar, Gow-Gates, Akinosi, posterior superior alveolar and maxillary second division nerve blocks
- Describe the pharmacologic action of common local anesthetics, vasoconstrictors and preservatives and know their indications and contraindications in patient treatment
- Recognize and treat adverse reactions to local anesthetics, vasoconstrictors and preservatives
- Describe the techniques, physiologic response and postoperative sequelae of intrapulpal, intraseptal and periodontal ligament injections

Dr. Patricia Blanton has had a distinguished career in dentistry, dating back to her first faculty appointment in 1967. The first female president of the Texas Dental Association, she recently served as Vice President of the American Dental Association and President of the American College of Dentists. In July 2017, Dr. Blanton was selected to serve as the Interim Dean of the James B. Edwards College of Dental Medicine. She is currently Professor Emeritus in the Department of Biomedical Sciences, Texas A&M University/ Baylor College of Dentistry; Professor, Departments of Stomatology and Oral Medicine, The Medical University of South Carolina; and has a private practice in periodontics and implantology. She also is a consultant for the American College of Dentists Foundation and sits on the Commission on Dental Accreditation (CODA). Dr. Blanton has received many awards and recognitions in her field, lectures internationally and has produced over one hundred publications.

Disclosures: None
June 7, 2018

- Marriott at Sable Oaks, South Portland
- 12:30 - 5:00 pm (registration begins at noon)
- Lunch is not included

**Risk Management Seminar**
(4.5 Category 1 credits for Maine licensure)

Every practice strives to provide dental care for patients in an effective manner with the highest quality outcome. In order to achieve that, risk and risk management associated with all treatment must be addressed, concurrently using the latest principles and techniques available. When the proper protocols and policies are employed, patients can be treated safely and efficiently in a controlled, risk-lowered environment. This seminar will provide the latest claim information statistics to help mitigate risk and present cases and experiences of your colleagues who have experienced risk exposures.

The following risk management fundamentals will be addressed in this seminar:
- Management of patient communications by choosing words wisely, listening intently, earning trust and respect, and creating the happy and loyal patient
- Implementing office policy so the entire team utilizes the same risk and safety policies
- Providing all clinical treatment that meets or exceeds the accepted standard of care in your locality
- Understanding the basic principles of accepted chart and record documentation and the responsibilities of protecting patient health information
- Effective patient management regarding non-clinical issues and adverse events
- Fundamentals of legal concepts, including general informed consent, vicarious liability and negligence

This seminar is comprehensive in nature and meant to provide the most current information on risk management for you to utilize in your practice. It is presented by a dentist with decades of extensive clinical and risk management experience. In conjunction, there will be a segment by local counsel addressing the specific dental practice act of the state.

Additionally, dentists insured with the Professional Protector Plan® for Dentists (PPP) will receive 10% professional liability premium credit upon renewal for three successive years. Dentists who are not insured with the PPP may be eligible for credit by purchasing PPP coverage within one year of attending the seminar.

This course is appropriate for general and specialist dentists, associates, and staff members, with no prior experience necessary.

Registration information will be mailed separately.
June 8, 2018

Innovative Periodontics: Creating Success in Today’s Dental Practice

(6 Category 1 credits for Maine licensure)

Dr. Samuel Low, DDS, MS, M.Ed.

With periodontitis being the major contributor for tooth loss in the practice of dentistry, resolving the disease process requires the entire dental team’s commitment to a systematic approach. This presentation will provide the participant with user-friendly protocols and technological solutions to find and manage periodontal disease. Take the frustration out of delivering periodontal care and gain success with patient case acceptance, tooth retention and financial reward.

Learning Objectives:
• Standardizing the collection of periodontal data in an efficient manner to accurately determine the prognosis of restorative abutments, considering when to extract and place implants
• Empowering the dental hygienist with expanded work descriptions beyond the “prophy”
• Investigating computer system approaches to risk assessment determination
• Developing “realistic” non-surgical therapies and the respective reevaluation with emphasis on “new” anti-inflammatory systems, including micro-ultrasonics and laser technology, and nutraceuticals such as probiotics and antioxidants
• Determining the efficacy of utilizing various laser wavelengths in sulcular decontamination, degranulation, new attachment, and bone regeneration
• Reviewing successful parameters to determine tooth survival in short and long-term prognosis
• Establishing a quality periodontal maintenance program that enhances the restorative practice, including third party reimbursement
• Creating positive interactions between dentists, periodontists, and dental hygienists through communication skills and continuous quality improvement to enhance esthetics, tooth retention, and implant placement.

Dr. Samuel Low, Professor Emeritus, University of Florida College of Dentistry, is an associate faculty member of the Pankey Institute, and has 30 years of private practice experience in periodontics, lasers and implant placement. He is also a Diplomate of the American Board of Periodontology and Past President of the American Academy of Periodontology. He sits on the Board of Directors of the Academy of Laser Dentistry. Dr. Low was selected “Dentist of the Year” by the Florida Dental Association, Distinguished Alumnus by the University of Texas Dental School, and has received the Gordon Christensen Lecturer Recognition Award. He is a Past President of the Florida Dental Association and past ADA Trustee.

This course is part of the Dentist and Hygienist Package Plan offerings held during the 2018 MDA Convention in South Portland!
June 9, 2018

Reliable Endodontic Outcomes: Simplicity Through Efficiency
(6 Category 1 credits for Maine licensure)
Dr. David Landwehr, DDS, MS

Endodontic success is dependent on a variety of interrelated factors, but removal of bacteria from the root canal system is the ultimate goal. Prior to root canal treatment, the pathway to endodontic diagnosis may be filled with twists and turns that prevent the clinician from making a definitive and accurate diagnosis. Following diagnosis, it is imperative that all canals are located and cleaned to the root apex to achieve maximum disinfection. This session will place special emphasis on locating the hard-to-find canals prior to using a rotary instrument to establish a predictable and reproducible glide path to the root apex. An evidence-based review of cutting edge instrumentation options will be presented, with special emphasis on different instrument designs and mechanical movements. Lastly, enhanced irrigation protocols will be explored, along with state-of-the-art obturation techniques.

Course Objectives: Attendees will learn
• How to increase the accuracy of endodontic diagnosis by understanding the limitations of pulp testing and radiology
• Clinically relevant strategies for locating typical root canal anatomies and tips for identifying hard-to-find canals
• The design features and working characteristics of the most commonly used root canal instrumentation systems, and their impact on clinical efficiency and predictability
• A simple and efficient irrigation protocol for maximum disinfection of the root canal system and obturation techniques to place a dense and repeatable three-dimensional filling in any root canal anatomy

Dr. David Landwehr serves as a frequent lecturer for a variety of organizations at dozens of events each year, focusing on endodontics and oral pathology. A Wisconsin native, Dr. Landwehr studied as an undergraduate at the University of Wisconsin-Madison, and went on to earn his DDS at the University of Minnesota in 1994. From there, he earned an MS degree and certificate in oral and maxillofacial pathology at The Ohio State University, followed by specialty training in endodontics at the University of Michigan. Since returning to Wisconsin in 1999, Dr. Landwehr has provided care to patients, and currently maintains a full-time private practice at Capital Endodontics in Madison. He has presented case studies both nationally and internationally, published research findings in peer-reviewed journals, and served as an evidence reviewer for the American Dental Association.

This course is part of the Dentist and Hygienist Package Plan offerings held during the 2018 MDA Convention in South Portland!
Save the dates! Register by filling out the registration form included in this brochure or online at www.medental.org.